

# Procedures

**STAY HOME** if you have a cough or fever, are symptomatic, or have been near someone who has had COVID in the last 14 days.

## **When you arrive at the centre:**

- Do not arrive more than 10 minutes earlier than scheduled.
- Wearing a mask is optional. Please adjust yourself to your own comfort level.
- Sanitize your hands for 20 seconds.
- Expect to be screened for COVID-19 prior to accessing services.
- Avoid sharing supplies and equipment, when possible.
- Expect to be escorted out, after your scheduled time with us.
- Students to be present at ALTC during class time only

You have the right to use our virtual training platform to begin or continue your programs with us, with no justification necessary. If we can provide further support, please let us know and we will accommodate you to the best of our abilities.